

30-DAY CLEANING CHALLENGE



1
YOUR CLOSET:
PURGE,
DONATE,
& STORE

2
DUST ALL
SHELVES, &
FRAMES,

3
FRIDGE:
CHECK
EXPIRATIONS
& CLEAN

4
SANITIZE
LIGHT
SWITCHES &
DOORKNOBS

5
ORGANIZE
BATHROOM
DRAWERS &
TOSS OLD
PRODUCTS

6
CHANGE
AIR FILTERS
& WIPE ALL
VENTS

7
PICK YOUR
OWN
PROJECT
Keep it up!

8
KID
CLOTHES:
CHECK SIZES,
DONATE,
RECYCLE, &
STORE

9
WIPE
DOWN
BASEBOARDS
& FANS

10
PANTRY:
CHECK
EXPIRATIONS
& ORGANIZE

11
CLEAN
MICROWAVE,
STOVE,
TOASTER OVEN

12
BOOK &
MAGAZINE
PURGE

13
CLEAN &
SANITIZE
ALL
BATHROOMS

14 & 15
KID TOYS:
PURGE &
DONATE
Great work!!

16
KITCHEN
CABINETS &
DRAWERS:
EDIT &
ORGANIZE

17
CLEAN
WINDOWS,
BLINDS, &
CURTAINS

18
MEDICINE
CABINET:
CHECK
EXPIRATIONS
& ORGANIZE

19
VACUUM
UNDER SOFA
CUSHIONS
& FURNITURE

20
KID SHOES:
CHECK SIZES,
DONATE,
RECYCLE, &
STORE

21
SANITIZE
KITCHEN
COUNTERS
& SINK

22 & 23
TIDY UP
GARAGE &
CAR
One more week!

24
PICK A
CLOSET
(OR TWO!)
& ORGANIZE

25
SORT
MAIL &
IMPORTANT
DOCUMENTS

26
CLEAN
UNDER
ALL
BEDS

27
WASH
BEDDING &
WIPE DOWN
BEDS/CRIBS

28
MOP &
VACUUM ALL
FLOORS

29
SORT &
STORE
SENTIMENTAL
ITEMS (INCL.
PHOTOS)

30
SET NEW
HOME PROJECT
GOALS
High five!