# HOW TO GET ON THE SAME PAGE AS YOUR SPOUSE



# PLAN A TIME TO TALK

This might seem obvious, but from my time heavily involved in the #dfc (debt free community) on Instagram, I have come to understand that people handle their finances in vastly different ways. Make time to share your individual perspectives and preferences.

## DECIDE ON TRACKING METHOD

There are so many methods to tracking your finances and goals. Do you want to keep an Excel spreadsheet? A notebook? A calendar? Or maybe an app? No matter what it looks like, you need to be consistent.





#### ASSIGN DUTIES

Once you decide on your tracking method, you need to make sure you assign duties. This is where you will decide who handles the budget, pays the bills, updates the spreadsheets, card information on auto-pay, etc.

## WRITE OUT GOALS

Take some time to write out your financial goals—personal and as a couple. What are your savings goals? Any big purchases in the near future or down the road? Do you want to pay off debt? Do you like taking expensive trips? How much money do you want to use for Christmas, birthdays, etc.?





#### **RECURRING MEETINGS**

Now that you've discussed everything and it's all out there on the table, you need to decide how frequently you want to have meetings. This is where you'll discuss your progress or make changes. If you set a goal to save \$5,000 in 6 months, but you need 12; update the goal.